

TRUMBULL COUNTY
Mental Health and Recovery Board

Board Meeting Minutes
July 21, 2026 4:30 PM

Board Members Present: Lance Grahm, Carol Henderson, Teri Lacy, John Hugley, Matt Martin, Cherese Patterson, Tom Harwood, Curtis Green, Robert Walton, Laura Green*, Julia Wike

Board Members Absent: Kevin Stringer, Louise Kline, Rachel Nader, Laurie Perry

Staff Present: April Caraway, Lauren Thorp, Carie Garris, Kim Walker, Laura Domitrovich, Bud Patterson, Patty Shepherd, Holly Williams, Daniela Ghizzoni, Lindsay Simstad

Guests: Atty Brendan Keating; Hope Haney* & Michael Nyers*, NAMI MV; Tammy Weaver*, Coleman Health Services; Joe Caruso*, Mercy Health Hospital; Rebecca Bayley*, Belmont Pines; Renee Klaric*, Axess Pointe; Darryl Alexander*, UMADAOP; Matt Kresic*, Cadence; Adria Rovnyak*, Glenbeigh

*Denotes Virtual Attendees

Preliminary

1. President Lance Grahm called the meeting to order at 4:31 PM and lead the Pledge of Allegiance.
2. Secretary Matt Martin called the roll of members and certified that a quorum was present.
3. Attorney Brendan Keating administered the Oath of Office to new Board officer, Matt Martin as Secretary, and returning officers, Lance Grahm as President and John Hugley as Treasurer. He also administered the Oath to Curtis Green, John Hugley, and Laura Green as reappointed members.
4. President Lance Grahm recognized guests and staff.
5. Robert Walton made a motion, seconded by Julia Wike to approve the June 16, 2026 Board meeting minutes. The motion passed unanimously.

Report from the Executive Director

1. State Update – ED April Caraway reported that the Community Assessment and Plan (CAP) was approved. She directed members to the approval letter included in the meeting packet, which identified the areas reviewed by Ohio DBH. The letter did not include any questions or requests for clarification, which she noted was positive. ED Caraway thanked AD Lauren

Thorp and other staff for their work on the plan, calling it an A+ review. The approved plan and letter have been posted on the Board's website. DBH approval is necessary to receive State funding.

2. Local Update – ED Caraway covered the Culture of Quality Recertification Review two-day process that took place in June. Board members Lance Grahn and Carol Henderson participated, along with Cindy O'Keefe from Travco Behavioral Health as a provider representative. The exit interview was positive, with only one requested item about Board audits being undocumented in Board meeting minutes. Corrections will be made to ensure our minutes reflect the County Audit review annually. The COQ certification board will meet on August 11th to approve the recommended 3-year accreditation. ED Caraway and AD Thorp will attend the September 30th meeting in Columbus to receive our recertification. ED Caraway once again thanked staff for their efforts, AD Thorp for spearheading the work, the administrative committee and chairperson, Rachel Nader, for taking the time to review and approve new policies that were necessary for the recertification. Next, the Board member survey completed by 13 Board members was reviewed.

Meridian Healthcare is receiving \$200,000 from the Trumbull County Commissioners' Opiate fund to help with the work they do in the jail, with much of the funding going to Medication Assisted Treatment. ED Caraway reiterated that we do not have control of these funds, but we do assist with recommendations to ensure that the abatement strategies are followed. ED Caraway then reported that Meridian will be discontinuing their detox program. State rules require a registered nurse to be on staff 24/7, which is cost-prohibitive and difficult to sustain. As the opiate epidemic has shifted to Methamphetamine misuse, their census has been low.

The resolution from the Commissioners was included in the packet regarding the property tax reduction. This will affect many county services including schools, Department of DD and Children Services. There has not been any official statement on how it will affect our board, but the estimate presented by the County Auditor is that we will lose about \$20,000.

The Trumbull County commissioners will remove Ronald Seginak as a board member in an upcoming meeting. Mr. Seginak had not responded to his appointment due to ongoing health issues. The commissioners will recommend the appointment of Emily Ward. ED Caraway also announced that board member, Laurie Perry, emailed her resignation from the board today. The resignation will be accepted at the Board's September board meeting.

ED Caraway also announced that the Board Association asked her to serve as a mentor for the new Union County Executive Director, and she has accepted the role. She has experience mentoring other new Executive Directors. President Lance Grahn congratulated her and stated that this reflects the esteem that she holds with the Board Association.

The tracking document for board member training was passed around for members to confirm that their trainings had been logged. Julia Wike asked how much training is required for a board member, and ED Caraway explained that the Ohio Revised Code says that board members are required to attend a yearly training, but it does not specify the length of that training. The only requirement is that the Ohio DBH must approve it.

3. Finance Reports –Patty Shepherd, CPA reviewed the June 2026 unaudited revenue and expenditure reports. She reported that in June, the Board received approximately \$167,015 in revenue, bringing FY26 totals to about 91% of the approved budget. Although the fiscal year has ended, revenue will continue to come in related to fiscal year activity because some grants are paid as reimbursement. Total operating expenditures are estimated at 77.2% of the

approved budget and provider contracted services are at 75.1%. Both are consistent with expectations at year end. The Board's operating cash balance is at \$1.5 million, providing sufficient resources as we complete FY26 closeout process and begin the new fiscal year.

Committee Reports

1. Addictions and Mental Health Program Committee – Carol Henderson reported on the July 7, 2026 meeting, which highlighted TriYOU CARES, a youth outreach program founded and run by Paulette Edington. Paulette shared information about the programs they have implemented and the organization's vision for future programs. Carol shared that Paulette realized youth were struggling with expressing their emotions properly, so she developed a class focused on teaching them how to do that. TriYOUUnity partners with Cadence and UMADAOP.
2. Budget and Finance Committee – no meeting
3. Administrative Committee – Lance Grahn reported on the June 30th meeting in Chairperson, Rachel Nader's absence. The focus of the meeting was the Executive Director's yearly review which will be placed in her personnel file. Lance shared that she received high marks and thanked ED Caraway for her leadership.

Announcements/Community Partnerships/Information

1. Media Items – ED Caraway mentioned the two articles in the Board packet.
2. Ohio Suicide Prevention Foundation – ED Caraway directed members to read the OSPF flyer, "How to Tell Your Story as a Loss Survivor," reminding them that we partner with the LOSS team in Trumbull County to support those who have lost a family member to suicide. She also discussed her involvement with Adult Protective Services, noting that senior Caucasian males have the highest rate of suicide in Trumbull County. This is why the Suicide Prevention Coalition, led by Daniela Ghizzoni, is so important. Daniela has been attending health fairs and other events to provide prevention information. Members were invited to join the staff at these events whenever they are available.
3. ED Caraway noted two events that the Board will participate in on Saturday July 25, 2026 – Grace A.M.E.'s Community Fun Fest and the Packard Car show. Staff also had a table at McDonald Village Safety Day.
4. The TCMHRB Golf Outing is on Friday, July 31st at Old Avalon Golf course. ED Caraway invited board members to come and help. Tom Harwood reminded members that this is our only fundraiser to support our levy campaign.
5. ED Caraway reminded the board that, according to the Bylaws, there are no meetings of the Board in August, but stated that there will be a new Board member orientation in August.
6. Overdose Awareness Day is August 31st. AD Lauren Thorp explained that this year will look different as the ASAP Coalition will have five distribution sites, focusing on the zip codes that have the most overdoses. Narcan, hygiene products, socks, snacks, and where to get help resources will be disseminated. ASAP will also do door hangers to provide information on where the Narcan vending machines are in the county as well as locations where you can dispose of your medications.
7. The ASAP Recovery Rally will take place on Saturday, September 19th at 717/Eastwood Field. ED Caraway shared that we are still in need of donated baskets, gift cards, etc. for the raffle at the Rally.

8. ED Caraway included an article in the packet regarding Board member Louise Kline's appointment to the NOAS Board of Directors and noted Louise's longstanding involvement in the community.

New Business

1. Tom Harwood made a motion to approve the June 2026 Revenue and Expenditure Report held subject to audit. Matt Martin seconded the motion, which passed unanimously.
2. Robert Walton made a motion to remove the Health Officer appointment of Mandi Workman, formerly of Coleman Health Services, effective immediately. Carol Henderson seconded the motion, which passed unanimously.
3. Julia Wike made a motion to remove the Health Officer appointment of Jennifer Longsteth, employed by Coleman Health Services, effective immediately. Cherese Patterson seconded the motion, which passed unanimously.

Adjournment

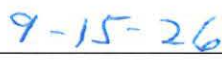
With no further business to conduct, the meeting was adjourned at 5:21 PM on a motion by Matt Martin seconded by Julia Wike.

Next Board Meeting – September 15, 2026 at 4:30 PM



Lance Grahn, President

Matt Martin, Secretary

April J. Caraway, Executive Director

Date